## **EXERCISE #1**

# **b** tonebase

### **VERTICAL STRETCHING**

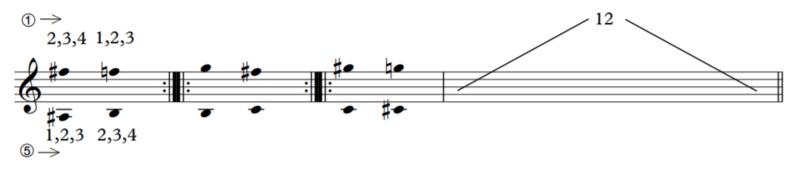
The focus of this exercise is on developing your ability to stretch between strings (as opposed to frets) as well as your overall strength. Many times, a piece will ask you to play two notes on the 6th and the 1st string simultaneously, perhaps with your 3rd and 4th finger. Mastering the following exercises ensures that a stretch like that will never be an issue for you. They are ordered below by difficulty. Work through each and notice where you feel challenged.



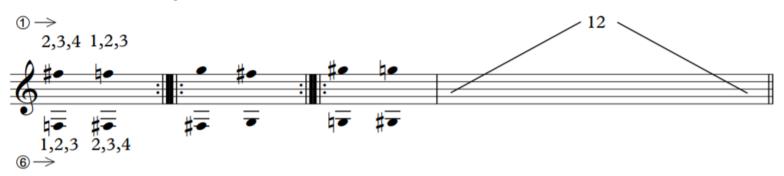
#### a. 1st & 4th string



#### b. 1st & 5th string



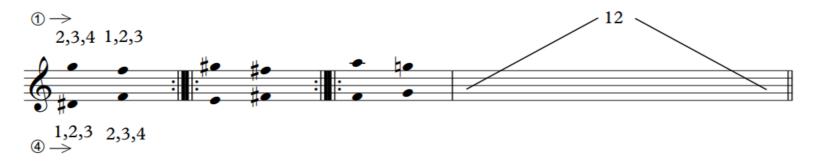
#### c. 1st & 6th string



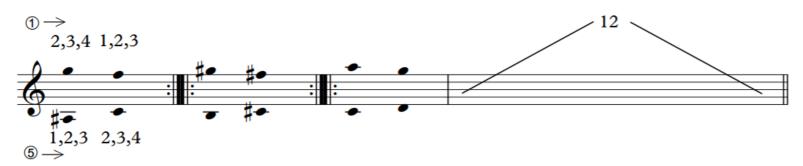
### VERTICAL STRETCHING CONT.



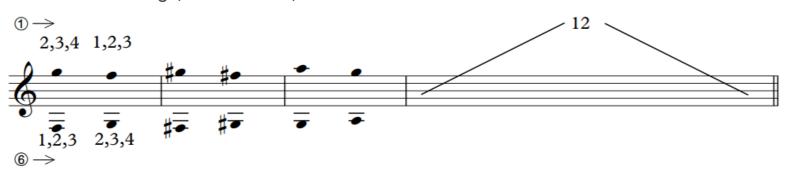
d. 1st & 4th string (with stretch)



e. 1st & 5th string (with stretch)



f. 1st & 6th string (with stretch)





## **ARTYOM'S TIPS**

- Notice the change in hand position as you move higher up the fret board - in the lower frets, the wrist is behind the fret board, but around the 12th fret, it moves in front.
- Beginners should start with their fingers on the 1st and 4th strings (1a) and work up to the 1st and 6th (1c).