EXERCISE #2

b tonebase

"THE SPIDER"

"The Spider" builds on the same vertical stretching principle from Exercise #1, but instead of moving both fingers at the same time, you move them one at a time. This gives the creepy effect of a large, tan spider crawly up and down your guitar fret board! Once again, if the stretch from the 1st to the 6th string is too difficult, move the bass notes to a higher string such as the 4th or 3rd. You can also stop and return at the 5th fret - find what works for you!



a. 3 fingers



b. 4 fingers





ARTYOM'S TIPS

- Keep it slow the task here is stretching not speed. Also, make sure both voices are legato, not detached.
- If you feel discomfort at any time, stop and relax. Don't force yourself because an injury can completely derail improvement.