

# EXERCISE #5


## THREE FINGER TECHNIQUE

This exercise builds off of #4 by introducing a new technique in the right hand: three finger scales. Here, the left hand is exactly the same as the last exercise. However, in the right hand, you begin using the *a* finger, thus “three fingers.” Using the *a* finger in this way can be very strange feeling, especially if you have never tried it before. That is why we recommend starting this exercise very slowly and gradually building up tempo over time.



### a. Ascending

① →




a m i a m i a m i a m i a m i a

(continue pattern to the 3rd string and up to the 12th fret)

### b. Descending

① →



a m i a m i a m i a m i a m i a

(continue pattern to the 3rd string and down to the 1st fret)



## ARTYOM'S TIPS

- If you want to increase speed, using three fingers (as opposed to two) will always be faster - it's simple mathematics!
- Most guitarists are used to the tremolo pattern (A-M-I), so to make this exercise more difficult, start with I-M-A