

## LESSON #02: Right Hand Pinky

*Developing the right hand pinky (c) can balance and strengthen your hand!*

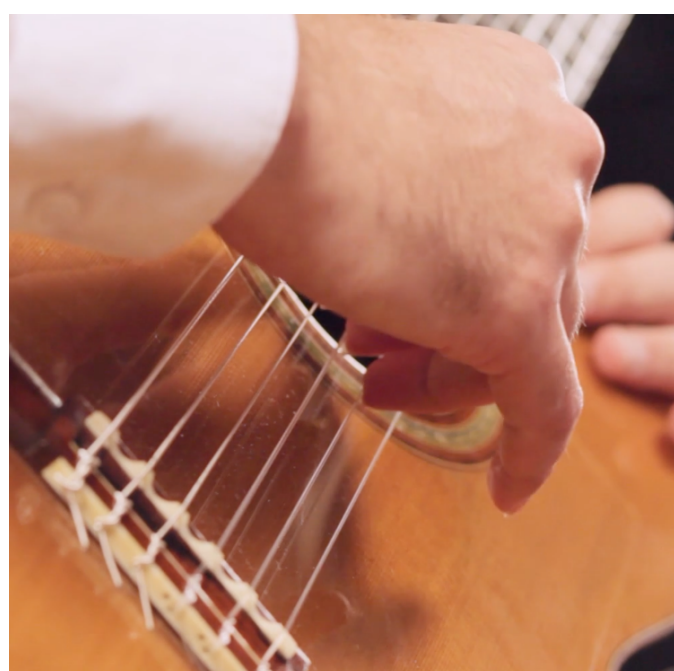
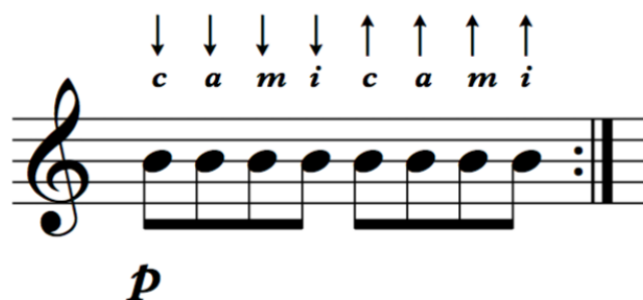
### PINKY ARPEGGIO

Early in his career, Rafael discovered that developing the pinky finger (c) in the right hand really makes your overall hand a lot stronger. Since then, he has devised many different exercises, such as this one, for developing the often forgotten finger.

When performing this exercise (above), make sure all the movements are controlled and relaxed. If you want to increase speed, the movements need to be small. Do this exercise every day, but make sure it's not for too long.

### PINKY "TREMOLO"

Here is Rafael's second exercises for the pinky. Make sure you don't leave too much distance from the string and do this exercises *piano*.





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## "GO TO SLEEP"

This is a deceptively difficult exercise that improves flexibility in the right hand and helps you have a better position. Rafael recommends not doing this exercise more than a couple of minutes.

*"Go to sleep"*



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## FIVE FINGER TREMOLO

This exercise is a continuation of Rafael's pinky "tremolo," just now with the thumb.

As a general principle, Rafael recommends practicing tremolo as if you were a singer - **listen to every note and give it importance.**

Once you feel confident with this exercise, try practicing some tremolo pieces with it!

*Five Finger Tremolo*

